

# Wrist Arthroscopy & Ulnar Sided Wrist Pain

**CADAVERIC COURSE**

Date: 13-14 March, 2020

**COURSE FEES: AED 4,500**

Total Participants: 24  
Participants to Faculty ratio is 3:1

in association with



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GROUP

### Course Objectives:

- To cover a broad spectrum of surgical procedures in arthroscopic surgery
- To provide indications for surgical treatment and discuss operative complications
- To highlight technicalities of surgical interventions through videos
- To allow discussion between the experts and the surgeon trainees
- To provide hands-on sessions to improve skills in arthroscopic surgery through practice on Cadaveric tissue under experts' tutorials
- To describe postoperative clinical results and practical applications of evidence based clinical medicine.

### Target Audience:

Orthopedic Surgeon and Hand Surgeon

## DAY 1

08:00-08:30	Registration
08:30-08:45	Lecture 01: Wrist arthroscopy indications & setup
08:45-09:45	Practical session 01: Exploration of the hand through arthroscopy
09:45-10:00	Lecture 02: Synovectomy & ganglion resection
10:00-10:15	Coffee break
10:15-11:00	Practical session 02: Synovectomy & ganglion resection
11:00-11:15	Lecture 03: Principle of SL ligament repair
11:15-12:15	Practical session 03: dorsal capsule-ligamentous repair
12:15-13:00	Lunch break

13:00-13:15	Lecture 04: Principle of TFCC repair
13:15-14:15	Practical session 04: TFCC repair
14:15-14:30	Coffee break
14:30-14:45	Lecture 05: Arthroscopic assisted bony fixation
14:45-15:45	Practical session 05: Arthroscopic assisted k wire fixation

## DAY 2

08:00-08:30	Registration
08:30-08:45	Lecture 06: Distal radius fracture & Arthroscopy
08:45-09:45	Practical session 06: DRF fixation volar approach
09:45-10:45	Practical session 07: Arthroscopic assisted DRF fixation
10:45-11:00	Coffee break
11:00-11:15	Lecture 07: Arthroscopic treatment of Scaphoid fracture non union
11:15-12:15	Practical session 08: Arthroscopic assisted scaphoid fixation
12:15-13:00	Lunch break

13:00-13:15	Lecture 08: Ulna plus variance
13:15-14:15	Practical session 09: Arthroscopic assisted wafer procedure
14:15-15:15	Practical session 10: ulna-shortening osteotomy
15:15-15:30	Lecture 09 : salvage procedure in wrist surgery
15:30-16:30	Practical session 11 : four corner fusion wrist
16:30-16:45	End of program and certificate distribution

### FACULTIES

CHAIRMAN OF WORKSHOP



Nebojsa Jovanovic  
Orthopedic Surgeon &  
Traumatologist-Hand surgeon  
at Rashid Hospital

CO-CHAIRMAN OF WORKSHOP



Ehab Bassim Aidlyami  
Hand and Wrist  
Orthopaedic Surgeon,  
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Sherif Ban  
Specialist Orthopedic Surgeon  
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### INTERNATIONAL FACULTIES



Prof. Max Haerle  
Director of Hand &  
Plastic Surgery Department  
Orthopädische Klinik  
Markgroningen  
EWAS General Secretary  
President of IWAS 2020



Alberto Sgarbossa  
Consultant Orthopedic  
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Dr. med. Klaus-Dieter Rudolf  
Hand Surgery, Plastic and  
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Dr. Martin Wells  
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