An IWC and IWAS Course

Wrist Arthroscopy
Training on anatomical specimens

Course directors
M. Levdouxf
J.-M. Cognetf

Course supervisors
C. Mathoulinf
P. Liverneauxf

February 28-29
November 27-28

2020

France
Welcome to the European city of Strasbourg!

The wrist is the most complex articular system of the human body, 8 carpal bones, 5 metacarpals, and 2 forearm bones involved in 11 different joints, allowing for an incomparable complexity of movement in the human body. All these bones and joints are connected by many intrinsic and extrinsic ligaments. For a long time, the extensive number of post-traumatic or degenerative pathologies have often been treated insufficiently, with unsuitable or inappropriate techniques. Over the past 20 years, wrist arthroscopy has become an essential tool to understand, analyze, and treat its related pathologies. Our constantly updated courses teach the basics of this specialty as well as the latest therapeutic modalities.

Announcement for 2021 practical courses

Basic & Master courses
February 26-27

Advanced & Basic courses
November 26-27

Organized by:

Prof. Christophe Mathoulin
Founder of Ewas-Iwas
Founder of International Wrist Center
Institut de la main, Clinique Bizet,
22 bis rue Georges Bizet, 75116 Paris,
cmathoulin@orange.fr

With the support of:

These courses have been made possible thanks to the technical and financial support of:

According to the French law “informatique et liberté”, you have the right to access and modify your personal data, which may be transmitted to other companies, associations or organizations.
Faculty

Course directors

M. Levdoux F
J.-M. Cognet F

Course supervisors

C. Mathoulin F
P. Liverneaux F

Guest faculty

M. Arianni I P. Arrigoni I A. Atzei I A. Badia USA
N. Badur CH E.M. Baur G S. Berner USA
A.K.M. Bhat IND N. Borisch G J. Branco P
N. Buschmeier G M. Calcagni CH M. Caloia BR
C. Camps F E. Camus F M. Carozzo I
S. Chen CH A. Chin SG G. Clembosky ARG
T. Cobb USA H. Coert NL G. Cohen F
J. Compson UK F. Corella SP F. Da Rin I
P. Delgado SP P. Del Pinal SP L. De Smet B
P. Desmoneaux F C. Dumontier F A. Durand F
J. Ecker AUS M. Esplugas SP M. Etzner SWE
S. Facca F D. Fernandez CH D. Fontes F
R. French I M. Garcia-Elias SP J. Garret F
A. Gay F W. Geissler USA A. Ghezzi I
T. Giesen H I. Golubev R J. Goubau B M. Gras F
P. Grieve IR M. Haerle D J.R. Haugstvedt N
G. Herzberg F P.C. Ho HK M. Hoegele G
U. Hug CH A. Ikram SAF S. Jiang CHI
P. Jorgsholm DK D. Karadaglis UK R. Kebrle CZ
H. Krimmer G D. Kumar Jain IND M. Langer D
F. Lebailly F G. Leblebicioğlu T C. Leclercq F
T. Lindau UK B. Liu CHI A. Lluch SP R. Luchetti I
C.-K. Mak CHI G. Mantovani BR O. Mares F
X. Martinache F M. Massarella I L. Merlini F
J. Messina I J. Mota Da Costa P
A. Muratore BR T. Nakamura J F. Nienstedt G
P. Nowicki PL M. Obdeijn NED K. Oestreich G
I.B. Özcelik T M. Phillips UK
K.-J. Prommersberger G R. Rahimtoola UK
M. Rawlins FIN M. Richter G I. Rigo N C. Rizzo F
M. Rongieres F M. Rosenwasser USA
P. Roure F P. Samson F
N. Schmelzer-Schmied CH A. Sgarbossa I
T. Shih TW D. Slutsky USA A. Smit SAF
N. Smith AUS F. Suarez COL C. Taleb F
A. Tandara G W.L. Tse HK H.G. Tunnerhoff G
P. Van Hoonacker B M. Van Nuffel B
L. Van Overstraeten B H. Van Ransbeeck B
J. Van Schoonhoven G A. Wahegaonkar IND
A. Wallmon SWE D. Warwick UK M. Wells SAF
T. Whipple USA W.Y. Wong HK W. Xu CHI
D. Yaniv ISR D. Yanni UK J. Yao USA A. Zach D
A. Zemirline F J. Zhu CHI
The basic course is intended for all surgeons interested in hand surgery, and in particular wrist surgery. Attending this course should allow participants to practice wrist arthroscopy skillfully and safely. Training is both theoretical and practical. The course will be held during two days including theoretical sessions and surgical techniques performed in the operating room. During practical sessions, there will be 2 participants per table, supervised by an expert.

Each table is equipped with a high-definition video system connected to a 2.4 mm scope to suit the specialty’s needs and to accommodate the required instrumentation. Each video system is connected to the table of the course director who performs live demonstrations before participants start the procedures themselves.
### February 28
#### November 27

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>8.00 am</td>
<td>Registration and welcoming of participants</td>
</tr>
<tr>
<td>8.30 am</td>
<td><strong>Lecture session 1</strong></td>
</tr>
<tr>
<td></td>
<td>- Wrist Arthroscopy Anatomy</td>
</tr>
<tr>
<td></td>
<td>- Portals</td>
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<tr>
<td>9.30 am</td>
<td><strong>Practical session 1</strong></td>
</tr>
<tr>
<td></td>
<td>- Exploration of normal wrist joint</td>
</tr>
<tr>
<td></td>
<td>- Synovectomy, removal of foreign body</td>
</tr>
<tr>
<td>12.30 pm</td>
<td>Lunch at the Institute</td>
</tr>
<tr>
<td>1.30 pm</td>
<td><strong>Lecture session 2</strong></td>
</tr>
<tr>
<td></td>
<td>- Resection of wrist ganglion</td>
</tr>
<tr>
<td></td>
<td>- Styloidectomy</td>
</tr>
<tr>
<td>2.30 pm</td>
<td><strong>Practical session 2</strong></td>
</tr>
<tr>
<td></td>
<td>- Resection of wrist ganglion</td>
</tr>
<tr>
<td></td>
<td>- Styloidectomy</td>
</tr>
<tr>
<td>6.00 pm</td>
<td>End of session</td>
</tr>
<tr>
<td>8.00 pm</td>
<td>Dinner in honor of the participants</td>
</tr>
</tbody>
</table>

### February 29
#### November 28

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>8.30 am</td>
<td><strong>Lecture session 3</strong></td>
</tr>
<tr>
<td></td>
<td>- Principles of TFCC repair</td>
</tr>
<tr>
<td></td>
<td>- Distal resection of the Ulna</td>
</tr>
<tr>
<td>9.30 am</td>
<td><strong>Practical session 3</strong></td>
</tr>
<tr>
<td></td>
<td>- Principles of TFCC repair</td>
</tr>
<tr>
<td></td>
<td>- Distal resection of the Ulna</td>
</tr>
<tr>
<td>12.30 pm</td>
<td>Lunch at the Institute</td>
</tr>
<tr>
<td>1.30 pm</td>
<td><strong>Lecture session 4</strong></td>
</tr>
<tr>
<td></td>
<td>- Ulna shortening</td>
</tr>
<tr>
<td></td>
<td>- Minimally invasive radius fracture plating</td>
</tr>
<tr>
<td>2.30 pm</td>
<td><strong>Practical session 4</strong></td>
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<tr>
<td></td>
<td>Open Wrist session</td>
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<tr>
<td></td>
<td>- Distal radius session</td>
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<td></td>
<td>- Trapezium implant</td>
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<td></td>
<td>- Total wrist prosthesis</td>
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<td></td>
<td>- Other techniques</td>
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<tr>
<td>4.30 pm</td>
<td>End of course</td>
</tr>
<tr>
<td></td>
<td>Delivery of certificates of attendance</td>
</tr>
</tbody>
</table>

You can register online for IRCAD courses at [www.ircad.fr](http://www.ircad.fr)

Or use this code for a flash registration for this course
Wrist Arthroscopy Basic Courses 2020

English-speaking courses / Limited to 17 participants

Registration form

Dr./Prof. Family name ____________________________________________________________

First name ____________________________________________________________

Professional address __________________________________________________________

Zip code _____________________ City ________________________________

Country ____________________________________________________________

Phone _____________________ Mobile phone ________________________________

E-mail ________________________________

☐ February 28-29
☐ November 27-28

☐ Course registration with hotel / IRCAD package ___________________________ 2290 €
☐ Additional night: specify the date ___ / ___ / 2020 ____________________________ 148 €

☐ Course registration without hotel __________________________________________ 2000 €

Payment

Please bill my credit card: ☐ VISA ☐ MC ☐ AMEX

N° _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ _______ ****check made payable to “IRCAD” and addressed to: IRCAD

Hôpitaux Universitaires
BP 426 / F-67091 Strasbourg Cedex
E-mail: training@ircad.fr
Wrist arthroscopic surgery techniques have evolved considerably over the past 10 years. Some of these techniques have become quite complex to perform. We have decided to create a “master” course for experts who attend IRCAD courses regularly and participants who have already attended an advanced course.

The objective will be to perform particular techniques on a specific topic, bearing in mind that there will be regular updates every year. The course will be held during two days including theoretical sessions and surgical techniques performed in the operating room. During practical sessions, there will be 2 participants per table, supervised by an expert.
February 28

8.00 am
Registration and welcoming of participants

8.30 am
— Lecture session 1
- Anatomy applied to reconstructive surgery for TFCC
- Techniques for TFCC foveal fixation
- Techniques for TFC reconstruction with tendon grafts

9.45 am
— Practical session 1
- Foveal fixation / Tendon reconstruction

12.30 pm
Lunch at the Institute

1.30 pm
— Lecture session 2
- SL dynamic : pre-dynamic instability - Arthroscopic options
- Reconstruction of SL / Aita’s technique / Ho’s technique / Arthroscopic spiral tenodesis

2.30 pm
— Practical session 2
- SL reparation / Reconstruction

6.00 pm
End of session

8.00 pm
Dinner in honor of the participants

February 29

8.30 am
— Lecture session 3
- Scaphoid nonunion
- Partial wrist fusion

9.00 am
— Practical session 3
- Scaphoid nonunion / Partial fusion

12.30 pm
Lunch at the Institute

1.30 pm
— Lecture session 4
- STT resection with/without spacer
- CMC 1 arthroscopy - shrinkage, synovectomy, partial resection
- New Trends and latest techniques on wrist arthroscopy

2.30 pm
— Practical session 4
- STT and CMC 1 Arthroscopy and procedures / New techniques

4.30 pm
End of course
Delivery of certificates of attendance

You can register online for IRCAD courses at
www.ircad.fr

Or use this code for a flash registration for this course
Wrist Arthroscopy Master Course 2020

English-speaking course / Limited to 17 participants

Registration form

Dr./Prof. Family name

First name

Professional address

Zip code City

Country

Phone Mobile phone

E-mail

February 28-29

☐ Course registration with hotel / IRCAD package 2290 €
☐ Additional night: February 29 148 €
☐ Course registration without hotel 2000 €

Payment

Please bill my credit card: ☐ VISA ☐ MC ☐ AMEX

N° Expiry Date Security code

☑ I Accept the Cancellation Policies, see p.13/14

☐ Please find enclosed a check* for the total amount
*check made payable to “IRCAD” and addressed to:

IRCAD
Hôpitaux Universitaires
BP 426 / F-67091 Strasbourg Cedex
E-mail: training@ircad.fr

Name & Signature:
The advanced course is intended for participants who have experience in wrist arthroscopy as well as for participants who have already attended the basic course. It will allow attendees to perform more sophisticated techniques with the assistance of international experts.

Teaching is both theoretical and practical. The course will be held during two days including theoretical sessions and surgical techniques performed in the operating room.

During practical sessions, there will be 2 participants per table, supervised by an expert. Each table is equipped with a high-definition video system connected to a 2.4mm scope to suit the specialty’s needs and to accommodate the required instrumentation. Each video system is connected to the table of the course director who performs live demonstrations before participants start the procedures themselves.
November 27

8.00 am
Registration and welcoming of participants

8.30 am
— Lecture session 1
- Complete reconstruction of TFCC

9.30 am
— Practical session 1
- Complete reconstruction of TFCC

12.30 pm
Lunch at the Institute

1.30 pm
— Lecture session 2
- Interposition in SLAC
- Wrist Arthroscopic dorsal capsuloligamentous repair

2.30 pm
— Practical session 2
- Interposition in SLAC
- Wrist Arthroscopic dorsal capsuloligamentous repair

6.00 pm
End of session

8.00 pm
Dinner in honor of the participants

You can register online for IRCAD courses at
www.ircad.fr

Or use this code for a flash registration for this course

November 28

8.30 am
— Lecture session 3
- Partial scaphoid implant
- Arthroscopic CMC joint arthritis

9.00 am
— Practical session 3
- Partial scaphoid implant
- Arthroscopic CMC joint

12.30 pm
Lunch at the Institute

1.30 pm
— Lecture session 4
- Distal radius fracture
- Partial arthrodesis
- Scaphoid nonunion

2.30 pm
— Practical session 4
- Distal radius fracture
- Partial arthrodesis
- Scaphoid nonunion

4.30 pm
End of course
Delivery of certificates of attendance
Wrist Arthroscopy Advanced Course 2020

English-speaking course / Limited to 17 participants

Registration form

Dr./Prof. Family name

First name

Professional address

Zip code City

Country

Phone Mobile phone

E-mail

November 27-28

☐ Course registration with hotel / IRCAD package 2290 €

☐ Additional night: November 28 148 €

☐ Course registration without hotel 2000 €

Payment

Please bill my credit card: ☐ VISA ☐ MC ☐ AMEX

No | | | | | | | | | | Expiry Date | | / | | Security code | | | |

☒ I Accept the Cancellation Policies, see p.13/14

☐ Please find enclosed a check* for the total amount

*check made payable to “IRCAD” and addressed to:

IRCAD
Hôpitaux Universitaires
BP 426 / F-67091 Strasbourg Cedex
E-mail: training@ircad.fr

Name & Signature:
Wrist arthroscopy
Basic courses, master course, advanced course

Registration fees include

- Theoretical sessions
- **Practical training on anatomical specimens**
- Coffee breaks and lunches
- One dinner
- European CME credits
- Book by Christophe Mathoulin “Wrist Arthroscopy Techniques”

Hotel accommodation
**IRCAD package**

Preferential rate at Les Haras Hôtel**** (opposite the IRCAD Institute) 2 nights, single room, breakfast and city tax included (Check-in on the night before the course, check-out on the last day of the course)

Cancellation policy

**Course registration**

Should you wish to cancel or postpone your registration, please notify us by e-mail to cancellation@ircad.fr
Please note that no refund or postponement will be considered for any cancellation received less than 6 weeks before the course starts, even if Visa application has been denied.
Register for the course and benefit from our hotel package

Located on the IRCAD campus. Built in the 18th century, and renovated by IRCAD with a contemporary flair true to the style of the compounds.

**SPECIAL OFFER**

**Located on the IRCAD campus.** Built in the 18th century, and renovated by IRCAD with a contemporary flair true to the style of the compounds.

**Booking policy**

Deadline for hotel booking is 10 days before the course. After that point, IRCAD cannot guarantee room availability. Bookings are made on a first-come, first-served basis.

In case of unavailability, we shall make our best to reaccommodate you in a nearby hotel of equal standard.

**Cancellation Policy**

**Hotel Accommodation**

Should you wish to cancel or change your hotel accommodation, please notify us by e-mail to cancellation@ircad.fr

Please do not contact hotels directly.

- Cancellation received earlier than 10 days before the course starts is eligible for full hotel refund.
- Cancellation received later than 10 days before the course starts is eligible for hotel refund – minus a one night deposit.
So easy to get to Strasbourg

**From Frankfurt**
220 km/2 ½ hours
6 shuttle buses/day
www.lufthansa.com
Private Limousine
www.vtctravel.fr

**From Strasbourg-Entzheim**
18 km/20 minutes
Connecting flights from Amsterdam and Brussels
www.airfrance.fr
www.brusselsairlines.com
www.klm.com

IRCAD recommends

Other airports nearby: Basel, Karlsruhe, Paris, Stuttgart, Zurich
Training on www.websurg.com

Websurg is a free access website dedicated to education in minimally invasive surgery and accessible in 7 languages (French, English, Spanish, Portuguese, Russian, traditional Chinese and simplified Chinese).

CME accreditation and course endorsements

IRCAD courses are accredited by the European Accreditation Council for Continuing Medical Education (EACCME) to provide CME activity to European medical specialists in their home country.

Every IRCAD course meets the criteria for the American Medical Association (AMA) Physician’s Recognition Award (PRA) Category 1 Credit(s)™. Physicians may apply to convert EACCME credits into AMA PRA Category 1 Credits™.

IRCAD has been accredited as a comprehensive Accredited Education Institute (AEI) by the American College of Surgeons (ACS).

For further details, please contact:
Secretariat of Professor J. Marescaux

Hôpitaux Universitaires — 1 place de l’Hôpital BP 426
F-67091 Strasbourg Cedex

Phone +33 3 88 11 90 00 | E-mail training@ircad.fr
Website www.ircad.fr