

Institute of Medical Simulation

4th Singapore Wrist Arthroscopy Course

2-day hands-on Workshop on Anatomical Specimens

2 different programme available

5 and 6 January 2019

Academia, 20 College Road, Singapore 169856 (Located in SGH Campus)

INTRODUCTION

Welcome to the 4th Edition of the Singapore Wrist Arthroscopy Course. This time we have 2 options available for wrist arthroscopy enthusiast to choose from.

The Fundamentals of Wrist Arthroscopy Course targeted at beginners who have just been exposed or yet to be exposed to performing wrist arthroscopy. Participants are taught the fundamentals of the core and handling the wrist arthroscopy and to perform diagnostic and simple therapeutic procedure way of the scope.

Mastering Wrist Arthroscopy Course is targeted at surgeons who have already performed wrist arthroscopy in their practice and would like to further refine and stretch their technical skills and abilities to achieve expert and master level competency in wrist arthroscopy.

The course will comprise of half day lecture and 1½ days of hands-on cadaveric workshop. There will be one cadaver per day. Participants of the course will get to enjoy and interactive supervision by the expert international faculty members.

We look forward to your active participation in the course. Welcome to Singapore!

CO-COURSE DIRECTORS

Assoc Prof Andrew Chin Yuan Hui
Senior Consultant,
Department of Hand Surgery,
Singapore General Hospital

Prof Jan Ragnar Haugstvedt
Senior Consultant, Department of
Orthopedics, Østfold Hospital
Trust, Moss, Norway

Dr Andrea Atzei
Head, Hand Surgery Unit,
Casa di Cura "Giovanni XXII",
Monastier di Treviso, Italy

EARLY BIRD – COURSE FEE (GST inclusive) by 31 Oct 2018

Course Fee

Non-member
SGD1819.00

Member SHSS, EWAS, APWAS:
SGD \$1498.00

Resident and trainee:
SGD \$1284.00

Lecture only:
SGD \$100.00

- Certificate of Attendance will be issued to those who attend 75% of the workshop
- CME Points: Application in progress

For registration, email your **name, institution, department** and **contact details** to sims.sssc@singhealth.com.sg.

Supported by:     SINGAPORE SOCIETY
FOR HAND SURGERY

The SingHealth Duke-NUS Institute of Medical Simulation (SIMS) is one of Singapore's largest simulation centres with a comprehensive range of simulation modalities, training programmes and cutting-edge facilities. SIMS is committed to delivering quality simulation training by providing a safe and supervised environment for healthcare professionals to sharpen their clinical skills. The institute draws upon the synergy of collective expertise, curriculum and resources in SingHealth and Duke-NUS. SIMS aims to be the leading global institution in medical simulation, pushing frontiers in medical education to advance patient care.



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PROGRAMME | 5 Jan 2019 (AM)

5 Jan 2019 | Day 1: Lecture

Topic	Faculty
Session I Chairpersons: Jan Ragnar Haugstvedt / Andrea ATZEI	
Portals and set up for both diagnostic and therapeutic arthroscopy	David TAN
Systematic approach to performing Arthroscopy of the radiocarpal, midcarpal and distal radioulnar joints	Shanlin CHEN
Arthroscopic Debridement of the wrist (soft tissue and bone)	Jan Ragnar HAUGSTVEDT
Arthroscopic SL Ligament Repair and Capsulodesis	Max HAERLE
Arthroscopic assisted scaphoid fixation and bone grafting	Jeff ECKER
DRUJ and TFCC Anatomy and Pathomechanics	Toshiyasu NAKAMURA
Session II Chairpersons: Pak Cheong HO / Jeff ECKER	
Arthroscopic Peripheral and Foveal TFCC Reattachment	Andrea ATZEI
Inside-out technique for TFCC injury, my personal experience	Keiji FUJIO
Arthroscopic TFCC reconstruction	Pak Cheong HO
Arthroscopic intercarpal fusions	Bo LIU
Arthroscopic scaphoidectomy and four corner fusion	Eva BAUER
Arthroscopic assisted fixation of the distal radius fracture	Kristo KASK
Arthroscopic Interposition arthroplasties of the wrist	Christophe MATHOULIN

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PROGRAMME | 5 Jan 2019 (PM)

BASIC

5 Jan 2019 | Day 1: Hands-on Course

Session III

ALL FACULTY

Portal placement and diagnostic wrist arthroscopy: radiocarpal and midcarpal joints

LEAD: Jan-Ragnar HAUGSTVEDT

Christophe MATHOULIN

Jan Ragnar HAUGSTVEDT

Andrea ATZEI

Soft tissue debridement, synovectomy and ganglionectomy

LEAD: Jan-Ragnar HAUGSTVEDT

Max HAERLE

Eva BAUER

Scapholunate Capsulodesis (Single Suture, Extended suture and suture anchors)

LEAD: Christophe MATHOULIN

Kristo KASK

Keiji FUJIO

Toshiyasu NAKAMURA

ADVANCED

5 Jan 2019 | Day 1: Hands-on Course

Session III

Jeff ECKER

Bo LIU

Shanlin CHEN

Diagnostic wrist arthroscopy: radiocarpal, midcarpal and DRU joints. Volar portal. Radial styloidectomy and wafer procedure.

LEAD: Max HAERLE

Pak Cheong HO

Zulfi RAHIMTOOLA

Desmond ONG

Scapholunate Capsulodesis (Single Suture, Extended suture and suture anchors)

LEAD: Christophe MATHOULIN

TAN Ter Chyan

David TAN

Arthroscopic procedure: TFCC reconstruction

LEAD: Pak Cheong HO

YEO Chong Jin

Arthroscopic procedure: Tri-ligament (3LT) tenodesis and spiral tenodesis

LEAD: Andre ATZEI

Andrew CHIN

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PROGRAMME | 6 Jan 2019

BASIC 6 Jan 2019 Day 2: Hands-on Course	
Session IV	
TFCC peripheral repair (sutures) LEAD: Jeff ECKER	<u>ALL FACULTY</u> Christophe MATHOULIN
TFCC foveal repair (sutures) LEAD: Toshiyasu NAKAMURA	Jan Ragnar HAUGSTVEDT
Wafer procedure, radial styloidectomy LEAD: Max HAERLE	Andrea ATZEI
Session V	
Percutaneous fixation of the scaphoid Lead: Bo LIU	Max HAERLE
Open scaphoidectomy and four corner fusion LEAD: Shanlin CHEN	Eva BAUER
Open distal radius fixation LEAD: Ter Chyan Tan	Kristo KASK
Open procedure: Ulnar Shortening Osteotomy LEAD: Chong Jin YEO	Keiji FUJIO
Open Trapeziectomy and mini tightrope procedure Lead: David TAN	Toshiyasu NAKAMURA
ADVANCED 6 Jan 2019 Day 1: Hands-on Course	
Session IV	
TFCC peripheral repair LEAD: Toshiyasu NAKAMURA	Jeff ECKER
TFCC foveal repair (Suture anchors) LEAD: Andrea ATZEI	Bo LIU
TFCC foveal repair (Transosseous) LEAD: Toshiyasu NAKAMURA	Shanlin CHEN
TFCC foveal repair (Tendon Graft) LEAD: Andrea ATZEI	Pak Cheong HO
Session V	
Arthroscopic scaphoid fixation and bone grafting LEAD: Jeff ECKER	Zulfi RAHIMTOOLA
Arthroscopic intercarpal fusion LEAD: Pak Cheong HO	Desmond ONG
Arthroscopic scaphoidectomy and four corner fusion LEAD: Eva BAUER	TAN Ter Chyan
Arthroscopic assisted distal radius fixation LEAD: Kristo KASK	David TAN
	YEO Chong Jin
	Andrew CHIN

Institute of Medical Simulation

REGISTRATION FORM

Registration Fee: (before 31 Oct 2018)

Fee includes: Course & Cad-Lab with 2 Anatomical specimen; Educational material; Attendance certificate; refreshment; Course Dinner

Please tick where appropriate:

- Participant non-member: SGD \$1819.00 (approx. USD \$1399.00)
- Member SHSS, EWAS, APWAS: SGD \$1498.00 (approx. USD \$1152.00)
- Resident and trainee: SGD \$1284.00 (approx. USD \$988.00)
- Lecture only: SGD \$100.00 (approx. USD \$75.00)

Registration Fees will be increased of SGD \$280, after 31 October 2018

Name: _____

(Name indicated above will be reflected in the certificate upon course completion)

Institution/Department: _____

Designation/Residency Year: _____

Years of experience in wrist arthroscopy: _____

Number of arthroscopies performed per month: _____

MCR No/Identification No: _____

Address: _____

Tel: _____

E-mail: _____

PAYMENT METHOD

Cheque/Bank draft to be made payable to
“Singapore Health Services Pte Ltd”.
(Please indicate “SSSC – 4th Singapore Wrist Arthroscopy Course, Name, Assignment code: WAS1801, Cost Centre: 22183” on the reverse side of the cheque)

Please send your completed form with payment to:
SIMS-Surgical Skills (Attn: WAS Secretariat)
Singapore Health Services Pte Ltd
20 College Road, Academia, Level 2, Education Office
Singapore 169856

CANCELLATION POLICY

Any cancellation or replacement must be conveyed to the Organiser in writing. A cancellation charge of 50% of the fee will be levied if the cancellation is made before the closing date. There will be no fee refund if the cancellation is made thereafter.

The Organiser reserves the right to cancel the workshop and fully refund the participants should unforeseen circumstances necessitate it.

MAP

Academia (20 College Road, Singapore 169856)



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