IRCAD UPPER LIMB ARTHROSCOPY COURSE
5th Wrist Basic and Advanced Arthroscopy Course IRCAD Latin America
3rd Elbow Arthroscopy Course IRCAD Latin America

(Preliminary Program)

THURSDAY 8th september 2016

8:00 - Welcome of Participants
8:05 – Lecture 1: Wrist Set-Up, Traction, Portals (Tricks and Tips) (Peter Cobb – Chile)
8:20 – Lecture 2: Wrist Arthroscopic Anatomy and Joint Inspection (Alvaro Muratore – Argentina)
8:35 – Lecture 3: Arthroscopic treatment of TFCC injuries (Jan Haugstvedt – Norway)

8:50-9:20 Coffee

9:30 – 12:00 Practical 1:
- Exploration of normal Wrist (10’)
- Sinovectomy (15’)
- Free Body resection (10’)
- TFCC repair (30’)

12:00 Lunch at IRCAD

13:10 – Lecture 4: Ulnar pain on the wrist (Rene Jorquera – Chile)
13:30 – Lecture 5: Wrist Ganglions and the Scapho-lunate Pre-dynamic instability (Gustavo Mantovani – BRA Sao Paulo)
14:00 – Lecture 6: Arthroscopy for Distal Radius Fractures (Gabriel Clembosky – Argentina)

14:30 – 18:00 Practical 2
- Arthroscopic waffle procedure (40’)
- Wrist ganglion resection (20’)
- DCSS suture (40’)

19:00 – Bus from Hotel to dinner – back to hotel 22:30
Friday 9th September

8:15- Lecture 7: Intercarpal Instabilities - Arthroscopic Possibilities (Ricardo Luchetti – Italy)
8:30 – Lecture 8: Arthritic Wrist – Arthroscopic possibilities (Helio Polido Garcia– Brazil)
8:50 – Lecture 9: Arthroscopy for scaphoid fracture and non-union (Martin Caloia - Argentina)

9:30-10:00 Coffee

10:00 – 12:00 Practical 3
- Radial Styloidectomy (30’)
- Scaphoid non-union (30’)

12:00 – Lunch at IRCAD

13:15- Lecture 11: Minimally invasive approach for DRF (Dr. Gustavo Mantovani – BRA – Sao Paulo)

14:30-16:30 Practical 5
- CMC arthroscopy (partial trapeziectomy)
16:30 – 18:30 Sponsors Workshop
   A- DRUJ Instability
   B- Carpal Tunnel Release System
   C- Nerve Conduits

19:00 Bus from Hotel to Soccer Game: Hand X Shoulder (30’ X 30’)
21:00 Brazilian Barbecue - back to Hotel 23:00
Saturday 10th September – Elbow Arthroscopy

8:00 – Lecture 1: Elbow, Set-Up, Portals (Tricks and Tips) (Mauricio Rafaelli– BRA – Sao Paulo)
8:15 – Lecture 2: Elbow Arthroscopic Anatomy and Joint Inspection (Jose Carlos Garcia Jr.- BRA – Sao Paulo)
8:30- Lecture 3: Arthroscopy for Elbow Fractures (Anderson Uehara- BRA- Sao Paulo)
8:45- Lecture 4: Cubital Tunnel Endoscopic Release ( Helio Polido Garcia- BRA - Natal )

9:00 – 9:30 – Coffe Break

9:30 –12:00 Practical 1:
- Exploration of normal Elbow (10’)
- Sinovectomy (15’)
- Foreign Body resection (15’)

12:00 – 13:00 Lunch at IRCAD

13:00 – Lecture 5: Lateral Epicondilitis ( Joel Murachovsky – BRA- Sao Paulo )

14:00-16:00 Practical 2:
- Lateral Epicondilitis (10’)
- Elbow Release (Soft Tissues) (20’)
- Elbow Release (Bone) (30’)

16:00 – 18:00 Sponsor Workshop
Storz Cubital Tunnel Release System

18:00 - Transfers to Airports (for the WRIST/ELBOW participants)
List of Lab Instructors (ELBOW)

1- Jose Carlos Garcia Jr (São Paulo) josecarlos@especialistadoombro.com.br
2- Marcelo Fregonese (São Paulo) marcelo@ombro.med.br
3- Luciano Pascarelli (São Paulo) dr.luciano@pascarelli.com.br
4- Anderson Uehara (São Paulo) andersonuehara@yahoo.com.br
5- Niso Balsini (Joinville) balsiniortoped@gmail.com
6- Joel Murachowsky (São Paulo) jd.mura@uol.com.br
7- Mauricio Rafaelli (São Paulo) ombroecotovel@gmail.com
8- Rogerio Serpene Bueno (São Paulo) rspuueno@icloud.com
9- Marcelo Boulos de Mello (São Paulo) ortopediaombro@gmail.com

List of Lab Instructors (WRIST)

1- Gustavo Mantovani (Sao Paulo) mantovani@sphc.com.br
2- Javier Roman (Chile) romanjavi@gmail.com
3- Rene Jorquera (Chile) renejorquera@gmail.com
4- Peter Cobb (Chile) pdcobb@gmail.com
5- Alvaro Muratore (Argentina) alvaromuratore@gmail.com
6- Gabriel Clembosky (Argentina) clembosky@gmail.com
7- Martin Caloia (Argentina) mcaloa@intramed.net
8- Carlos Henrique Fernandez (São Paulo) carlshfernandes@uol.com.br
9- Marcio Aita (Sao Paulo) dr.marcio.aita@uol.com.br
10- Luis Buendia (Sao Paulo) luisbuend@ibest.com.br
11- Ricardo Kaempf (Porto Alegre) ricardokaempf@gmail.com
12- Marcela Fernandez (Sao Paulo) fernandesmarcela@hotmail.com
13- Matheus Saito (Sao Paulo) mateus@institutovita.com.br
14- Carlos Saenz (Curitiba) cesaenz88@gmail.com
15- Helio Polido Garcia (Natal) hrgarcia@ig.com.br
16- Jan-Ragnar Haugstvedt (Norway) hrhaugstvedt@gmail.com
17- Riccardo Luchetti (Italy) riccardoluchetti53@gmail.com