Program

WRIST ARTHROSCOPY COURSE
Training on Anatomical Specimen
Basic and Intermediate Course - Taiwan
May 28th and 29th, 2016

Organized by EWAS
With the support of:
FESSH, Honk-Kong Society for Surgery of the Hand, CUHK Depart. of Orthopaedics and Traumatology

Course Supervisor:
C. MATHOULIN (France)

Course Directors:
J.R. HAUGSTVEDT(Norway)
W.J. CHEN (Taiwan)
T. NAKAMURA (Japan)

Faculty:

Y. ABE (Japan)  G. Bain (Australia)
K. Fujio (Japan)  M. GRAS (France)
G. Herzberg (France)  P.C. Ho (Hong-Kong SAR, China)
W.L. TSE (Hong-Kong SAR, China)  W.Y. Wong (Hong-Kong SAR, China)
C.H. Chung (Taiwan)  Y.C. Chiu (Taiwan)
Y.C. Huang (Taiwan)  J.T. SHIH (Taiwan)

v. November 1th, 2015

This program may be subject to modifications
### Saturday, 28 May 2016

**Morning**

<table>
<thead>
<tr>
<th>Time</th>
<th>Lecture 1</th>
<th>Content</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>08:15</td>
<td>Lecture 1</td>
<td>Basic of wrist arthroscopy</td>
<td>WJ. Chen</td>
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<td>- How to perform a wrist arthroscopy: instruments, installation and portal (15 min)</td>
<td>WY Wong</td>
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<td>- Complications of wrist arthroscopy (15 min)</td>
<td>YC Chiu</td>
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<td>- Arthroscopic ganglionectomy and synovectomy (15 min)</td>
<td>JT Shih</td>
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<td>- Radial styloidectomy (15 min)</td>
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**9:15 – 12:30**  **Practical session 1 (part1)**

- Radiocarpal and midcarpal joints examination
- Removal of synovial cyst
- Radial styloidectomy

**Afternoon**

<table>
<thead>
<tr>
<th>Time</th>
<th>Lecture 2</th>
<th>Content</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>14:00</td>
<td>Lecture 2</td>
<td>SL and DRF</td>
<td>C. Mathoulin</td>
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<td>- Scapholunate ligament tears: problem and principles (15 min)</td>
<td>M. Gras</td>
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<td>- Arthroscopic treatment for scaphoid fracture (15 min)</td>
<td>Y. Abe</td>
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<td>- Intraarticular radius fracture: arthroscopic reduction and fixation (15 min)</td>
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**14:45 – 05:30**  **Practical session 2**

- Scapholunate tears, scaphoid fracture (arthroscopic or open)

**Experts help students directly at their allocated tables on an anatomical specimen with simultaneous teaching**

**Individual practical training by students (1 expert for 2 operating tables)**

**All experts**
Morning

<table>
<thead>
<tr>
<th>08:30</th>
<th>Lecture 3</th>
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| **Lecture 3: TFCC problems** | | T Nakamura
| - Principles of TFCC repair (15 min) | JR Haugstvedt
| - TFCC peripheral tears: diagnosis and repair (15 min) | WL Tse
| - Ulnocarpal abutment syndrome and arthroscopic Wafer procedure (15 min) | |

9:15 -12:30  **Practical session 3**

- Basic: TFCC peripheral repair and arthroscopic Wafer procedure
- Intermediate: DRUJ arthroscopy, TFCC foveal repair, intraarticular distal radius fracture

Experts help students directly at their allocated tables on an anatomical specimen with simultaneous teaching, individual practical training by students (1 expert for 2 operating tables)

Students can be separated into basic and intermediate, according to their ability of wrist arthroscopy

| All experts |

Afternoon

<table>
<thead>
<tr>
<th>14:00</th>
<th>Lecture 4</th>
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| **Lecture 4: Advanced arthroscopic procedures** | WJ. Chen
| - Distal radius fracture mini open technique (15 min) | YC. Huang
| - Thumb CMC arthroscopy and mini-tight rope (15 min) | PC Ho
| - Arthroscopic SL reconstruction (15 min) | G. Bain
| - Arthroscopic management of Kienbock disease (15 min) | |

15:00 End of the seminar